DISCOVER town centre

Your guide to Northampton town centre in summer 2016 FOOD & DRINK LO.SHEN **HEALTH & BEAUTY** THINGS TO DO

Produced by the **Business Improvement District (BID)** on behalf of businesses in Northampton town centre

Northampton TOWN CENTRE BID

For the businesses by the businesses

WELCOME

Welcome to Discover Northampton Town Centre Summer, the latest magazine produced by the Northampton Town Centre Business Improvement District (BID).



NORTHAMPTON TOWN CENTRE has so much to offer this summer.

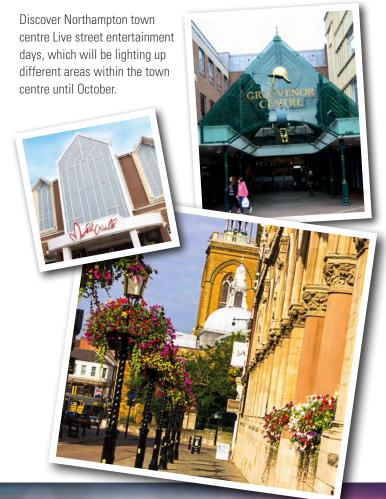
Welcome to the Discover Northampton Town Centre Summer magazine, your guide to shopping, eating, drinking and activities in Northampton town centre in summer 2016.

This magazine is the first produced by the Northampton Town Centre Business Improvement District (BID), which launched its second BID on January 1st 2016 following a successful vote by town centre businesses.

These pages will introduce you to the diverse areas within Northampton town centre, from the quirky and unique independents in the Cultural Quarter, to national award-winning high street St Giles Street and the exciting brand names in our shopping centres and other shopping thoroughfares.

Whether you are in the mood for shopping until you drop, enjoying a drink and a bite to eat in the sunshine or trying out a brand new activity or event, Northampton town centre will inspire and delight you. Our businesses range from calming coffee shops and cafés to buzzing restaurants and bars, uniquely eclectic boutiques to huge stores featuring the latest fashions. And don't forget that our town centre is home to a fabulous contemporary art gallery, museums, a library and one of the best theatres in the country.

Northampton Town Centre BID is supporting some extraspecial events this summer. Explore the Discover Northampton town centre Artists Trail, celebrating local creative talent and guiding you round some town centre spots you may not have visited. Check out the latest musical talent at Northampton Music Festival. And don't miss our monthly



FOOD AND DRINK

Gorgeous restaurants, inspiring food shops, delightful cafés — Northampton town centre has all these and more. Feast your eyes (and your tastebuds) on this selection of food and drink businesses.

ALL SAINTS BISTRO

Claim your FREE pain au chocolat at All Saints Bistro with every purchase.

With the warmer weather upon us, why not take the chance to enjoy some time to yourself, pop into All Saints Bistro, enjoy a relaxing hot drink and claim your free pain au chocolat?

All Saints Bistro is set in the beautiful Grade One listed building of All Saints Church in the heart of Northampton town centre, boasting the largest covered outdoor seating area in the area.

The Bistro offers speciality teas and coffees, a wide range of both hot and cold meals and an extensive selection of pastries in the patisserie, which are freshly baked on the premises. It has a five star hygiene rating and is fully licensed.

All Saints Bistro is open from 8am to 6pm Monday to Saturday and 8:30am until 5:30pm on Sundays.

Simply quote 'Northampton BID magazine' when placing your order to claim your free pain au chocolat with every purchase.

All Saints Bistro All Saints Church, George Row 01604 620015

All Saints

A haven in the heart of town

St Giles Garden Café in St Giles Terrace is known for its Always Fresh – Home Made – Delicious Food and, as its customers have always said, for being "A haven in the heart of town".

Open from 10am to 4pm Tuesday to Saturday, why not pop in and try the café's extensive menu – you can even enjoy a glass of wine with your meal. Best of all for the summer months – the gorgeously peaceful courtyard garden is now open again.

St Giles Garden Café St Giles Terrace 01604 604516 www.sggc.co.uk



SCANDINAVIAN

Royal & Derngate's new Bar Hygge serves draught and bottled craft beers, along with local spirits and wines and a selection of meats and cheeses.

Offering table service and a very warm welcome in a stylish and relaxed setting that takes inspiration from contemporary Danish design, it extends the facilities on offer for Royal & Derngate and Errol Flynn Filmhouse audiences as well as non-attenders, with entrances from both Guildhall Road and the Royal & Derngate foyer.

The bar is open from 5pm to midnight, Monday to Saturday, regardless of what is on at the theatre or filmhouse.

Bar Hygge 21 Guildhall Road 01604 655790 www.barhygge.co.uk



The home of the WHOPPER

Burger King Market Square serves up 'real good food' including flame-grilled burgers, crispy and tender chicken and sides.

The new breakfast menu even features a Croissan'wich – a croissant loaded with bacon, sausage, egg and cheese. Or try the traditional British English muffin.

BK Market Square was one of the first to trailblaze the company's new Home

Delivery service. Order online from www.hungryhouse.co.uk or direct from www.burgerkingdelivers.co.uk and take advantage of the online offers and discounts – it's never been so easy!

BK Market Square is open from 9am to 9pm Monday to Thursday, 9am to 10pm Friday and Saturday, and 10:30am to 7pm on Sundays. Delivery times are 12pm to 10pm Monday to Sunday.



Burger King Northampton Market Square www.burgerkingdelivers.co.uk

The biggest pizza in town

A huge offer awaits you this summer at Red Hot Pizza. Can you handle a 20 inch pizza? Pick one up with a drink or chips for just £11.99 – delivered hot straight to your door.



Red Hot Pizza 59-61 Gold Street 01604 233000 www.redhotpizzankebab.co.uk

ASIAN DINING WITH CLASS AND COMFORT

Saffron's authentic Asian food is based on traditional recipes from Bangladesh and Nepal but given a modern makeover to reflect the sophisticated and elegant dining room. They use

only the freshest ingredients and the chefs' attention to detail ensures that perfection is sought in every plate. Follow them on Twitter at @IndianSaffron.

Saffron 21 Castilian Street 01604 630800 www.saffronnorthampton.co.uk

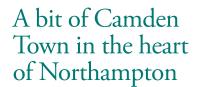


A TASTE OF JAPAN

Welcome to Suntory – one of the newest restaurants in Northampton town centre.

New to Japanese food? Heard it's just raw fish? Don't worry, they have a range of set menus for you to try and they can talk you through the different dishes and styles of cooking, from succulent sashimi and bento boxes to teppanyaki and spicy ramen.

Suntory
23 Castilian Street
01604 233011
www.suntorynorthampton.co.uk



The Bar With No Name is open from 11am Wednesday to Sunday for hot and cold meals, wines, champagne and beers from across the globe.

Traditional Sunday roasts are served from 12pm, followed the bar's quiz night. Or for something a little quirkier, pop in for the Chingo 'Cheese Bingo' every Wednesday from 7:30pm.

Bottles are available from only £1.49 and speciality teas and coffees are served daily. There is also a function room and the opportunity for full venue hire.

Bar With No Name St Peters Square (opposite Argos and Pure Gym) 01604 635868





Comfort, joy and a whole lot more

Northampton town centre favourite Café Xanadu has undergone a full refurbishment and been relaunched under the name Comfort and Joy Café.

Pop in for British food at its best and homemade specials every day. Why not try a traditional all day English breakfast, cooked fresh to order and currently on offer at two regular breakfasts and a pot of tea for £10? Or taste delicious jacket potatoes, paninis, sandwiches, baguettes, omelettes and simple favourites including scampi and double egg and chips.

Best of all, Comfort and Joy features a delightfully sunny secret garden which is wheelchair, dog and smoking friendly. Opening times are 7:30am to 4pm.

Comfort and Joy Café Gold Street Mews 01604 622799

SIMPLY DELICIOUS

Come along to Thornton's this summer and treat yourself or your family to one of their delicious real dairy ice creams. There are so many flavours to choose from, including some special guest flavours including Eton Mess, Cappuccino and Chocolate and Orange.

The shop is also currently selling its limited edition summer collection boxes and bags but this gorgeous fruity assortment doesn't hang around for long so get in there quick!

Thornton's 34 Abington Street 01604 634274 www.thorntons.co.uk



'Let's meet at my club'

Cheyne Walk Club is one of the oldest-established enterprises in the Northampton BID area.

Founded in 1929 as a member-owned, member-managed venue for business owners and managers in Northampton, it remains a place to network, to lunch, to dine, to meet clients and to relax and socialise. Once the home of the Mayor of Northampton, and then Alfred Church of Church's Shoes fame, you can still see Alfred's initials on the stained glass in the building.

Make connections, hire a conference, meeting room or breakout space, and enjoy fabulous onsite catering. There is also a well-kept garden that's very popular in the summer, with barbeques and hog roasts held for members and their guests in the good weather. Membership starts at as little as £14 per month.

> **Cheyne Walk Club** 2 Cheyne Walk 01604 633987 www.northamptonvenue.com

DAZZLE AND DELIGHT

Visit Nuovo to try a fabulous range of cicchetti – Venetian small plates to be eaten in a tapas or mezze style. Outside, a Mediterranean courtyard invites you to dine 'al fresco' on those warm summer evenings.

The 'from the Nuovo cellar' selection features some of the finest examples of Spanish, Italian and Portuguese wines. And why not finish off your meal with a homemade ice

cream, churros, panna cotta or tiramisu?

Nuovo is open for lunch every day from 12pm and Monday to Saturday evenings from 5.30pm. Look out for live music events on Thursday evenings, and try out private dining upstairs too.

Nuovo 104a Abington Street 01604 601100 www.nuovo-restaurant.co.uk





SUMMER WITHOUT ICE CREAM? NO CHANCE!

Gallone's on Abington Street offers a full range of ice cream products from eat-in sundaes, warm waffles and crêpes to take away cones and tubs. There are fantastic specials and hot drinks too, open every day.

Gallone's is also a popular party location where children are able to make their own ice cream to decorate and take home - don't miss out.

Gallone's 75a Abington Street 01604 259989 www.gallonesicecream.com

An exciting new venue in Northampton town centre

Almost 200 years ago, Pickering Phipps opened his brewery on Bridge Street, Northampton and for the next 157 years Phipps was the premier brewery in the county. After a 40 year absence, Phipps Northampton Brewery Company moved its ale production back to the restored 1884 Albion Brewery on Kingswell Street. Alongside its growing range of heritage ales and stout, Kingswell Gin is also distilled on site using water from the medieval well in the brewery's cellar.

Visitors can now drink and dine in the newly opened brewery tap bar where the brewing process is permanently visible through an oak and glass partition. The Albion is also open for brewery tours by arrangement and on selected evenings each month. The tour includes access to the cellars and tunnels under the building. In other parts of the old brewery artist's spaces, a film studio, a photographer and a historic printing works have found a home, with a music venue planned to open later in the year.

Phipps Albion Brewery Bar Kingswell Street www.phipps-nbc.co.uk



WONDERFUL WINES

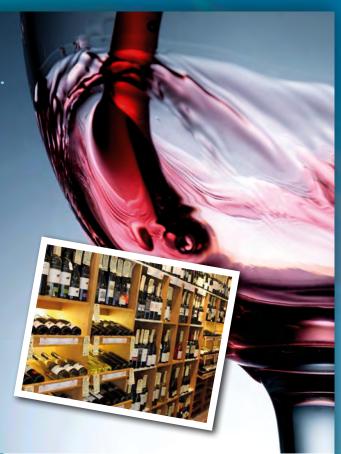
The Wine Connection Northampton is an independent wine and spirits merchant, based in the town centre.

They pride themselves on sourcing real wine from traditional, family-run vineyards and passionate winemakers from around the world. Rather than stocking the usual commercial selections, the shop stocks a huge array of interesting imported wines, as well as locally produced wine, spirits, beers and ciders.

Pop by for a fabulous range of great value wines from under £10 through to more classic finer selections. If you like a good Chianti or Chablis, or want to splash out on a rare spirit like the 50-year-old Cognacso, come and test the owners' knowledge and good old fashioned customer service that they pride themselves on.

The shop also runs a downstairs art gallery featuring local artists like Wyn Sexon. Join the Wine Connection on the last Saturday of every month at any time between 2pm and 7pm for tastings in this gallery — no need to book.

The Wine Connection 11 Derngate 01604 638502



FAIRY TALE MAGIC

Drop by the Magic Bean Emporium to enjoy a storytelling session in the Cinderella Cellar, meet fairy-tale princesses AND enjoy your favourite dessert.

The Magic Bean
Emporium's decor
delights in celebrating
your favourite stories
and children's classics
from the last two
centuries, making the
little shop not only a
delicious treat but a whimsical
experience. The Dessert
Parlour offers everything from
sweetly nostalgic sundaes and
warm waffles to well-loved
traditional cakes.



The Magic Bean Emporium is a place where families and friends can come together and leave all their troubles at the door. You are bound to leave feeling giddy!

The Magic Bean Emporium 60 St Giles Street 07968 399157 www.facebook.com/themagicbeanemporium

Cake and Creativity

The Creative Cupcake Company offers a variety of freshly baked treats to enjoy. Located inside of Gold Street Mews, you also have the option to take a seat in their beautiful sunny garden and enjoy a drink from Comfort and Joy Café.

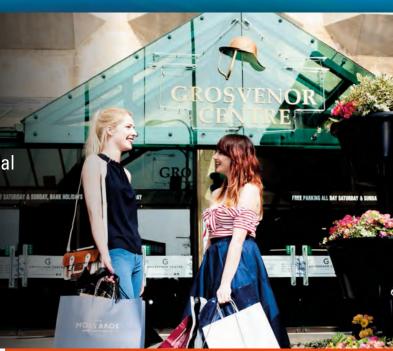
They also provide celebration cakes for all occasions, especially designed to be individual to you. They can cater for all budgets and are well known for the detail that they put into their novelty cakes. Dietary requirements can also be catered for. So why not pop by and treat yourself? Use BID16 for 10% off your first order.

The Creative Cupcake Company 8 Gold Street Mews www.facebook.com/thecreativecupcakecompany



SHOPPING

Northampton town centre's shops are hugely diverse, ranging from international brand names to unique independents. Whether you're after a new summer outfit or something for the home, a gift for yourself or someone else, these shops will inspire and excite you.



Dare to be DIFFERENT

The Dressing Room is a fabulous yet affordable boutique located in the Ridings Arcade, part of the national award-winning St Giles Street.

For 14 years it has been offering a beautiful range of clothing, considered to be truly different and individual. The Dressing Room is more akin to the type of boutique you might find on your foreign holidays, with truly unique and special pieces that you will never find on the high street.

Walk into this Aladdins cave where you will find clothing across a huge range of sizes, an amazing range of accessories including handbags, floaty scarves and costume jewellery — and all at truly affordable prices.

Help is always at hand if you need it - pop and see if you agree with all the customers who describe this shop as a real gem!

The Dressing Room 8 The Ridings 01604 622944 www.thedressingroomboutique.co.uk



DESIGN YOUR DREAM KITCHEN

in-toto Kitchens Northampton offers a stunning range of displays, showcasing the very best German and British made kitchens.

Autumn 2013 saw the design studio re-launched by Amish and Parita who will be delighted to work with you to design your perfect kitchen. You'll certainly find a style to inspire you from high quality contemporary handleless kitchens through to more traditional Shaker designs.

in-toto offers design and inspiration for everyone, whatever your taste, budget or lifestyle. They know that the kitchen is the heart of any home and whether you are looking for a straight replacement or to create an open plan space, they will work with you every step of the way, from concept to completion.

Call in for a coffee and see how they can help you design your dream space.



into-to Kitchens Northampton 5-11 Horseshoe Street 01604 604030 www.intoto.co.uk

Exclusive brands at the Edinburgh Woollen Mill

The Edinburgh Woollen Mill is one of the UK's largest high street chains, with over 380 stores throughout the country. For over 50 years we have prided ourselves on offering quality products and brands at an affordable price.

We offer a wide selection of sought after men's and ladies wear across our range of exclusive company brands. Ladies can choose from collections to suit all occasions, including our Country Rose brand which focuses on items for casual leisure and active use in the great outdoors.

Edinburgh Woollen Mill 58 Abington Street 01604 627761 www.ewm.co.uk



SOMETHING FOR EVERYONE AT MARKET WALK

This peaceful shopping centre has a great range of national and independent retailers to inspire you.

If you're looking for a present that is different they have gift shops that offer the unique or unusual, or if you want that special outfit for Ascot or the Summer Ball they have ladies fashion galore.

Or maybe try a makeover in our beauty parlour? The café offers great snacks and drinks when you need a break. Gents can come and get a haircut in the barbers.

Market Walk runs art exhibitions, fun competitions and chances to win tickets to family shows at the Royal & Derngate. Why not like the shopping centre on Facebook or follow it on Twitter to find out about these great offers?

Come and have a pleasant and relaxing shopping experience at Market Walk away from the hustle and bustle of the high street.

Entrances on Abington Street and Market Square.

Market Walk Shopping Centre 31 Market Square 01604 233034 www.marketwalk.co.uk





Fine handmade leather goods

Visit Nicola Firenze in Gold Street Mews for fine handbags, colourful leather jackets, stylish belts, leather hats and exquisite slippers for men, women, children and babies

All are uniquely designed and handcrafted, using only the highest quality natural materials. Nicola Firenze's head designer has over 30 years of experience in designing and producing leather goods, and their products have sold all over the world.

Over 100 different designs of bag are available at prices to suit everybody — and there are always offers available. Pick up a summer treat at Nicola Firenze this year.

Nicola Firenze 3 Gold Street Mews 07481 888382 www.nicolafirenze.com

CUSTOMER COMES FIRST...

At Voni Blu, you can be assured of an unrivalled shopping experience where you, the customer, comes first and your custom is not just appreciated but rewarded.

Whether it's a stunning outfit for a holiday cruise or special occasion, or an everyday piece in which you can relax and enjoy the summer sun, Voni Blu has brought together leading labels and designers from across the globe for you to choose from.



personal, comfortable, affordable and stylish and would like to invite you to pop in and see its full selection of fashion, jewellery, handbags and accessories. Enjoy a relaxing cup of coffee whilst taking your time to make the right choice. Or why not call and book an out-of-hours personal styling — they're always happy to make the time yours.

Voni Blu 14 Castilian Street 01604 636847 www.voniblu.com

FIFTEEN YEARS ON GOLD STREET

Spunout Records and Clothing is the area's longest running record and alternative clothing shop. Its particular focus on customer service and building relationships with visitors means you are sure to leave with a smile on your face.

Spunout boasts a massive collection of new release and preloved music, especially on its favourite format — vinyl. It covers all styles of music, with new items and fresh second hand stock arriving daily. Alongside this fabulous selection, Spunout stocks turntables, styli, headphones and other music-related products, as well as T shirts, jewellery, hair dye, makeup, accessories and much, much more.

The store works hard to provide a unique shopping experience and go the extra mile to find what its customers want, so visit Spunout today!



Open 10am to 6pm Monday to Friday, and 9:30am to 6pm on Sundays.

Spunout Records and Clothing 57 Gold Street 01604 230064 www.spunout.net

GET A WHOLE NEW WARDROBE FOR LESS!

"It's a genius, genius idea ..." - GMTV

Part fashion boutique, part style exchange, Swishing is Market Walk's best kept secret. With everything from designer label/ex-label/high street, new, pre-loved and vintage, this shop has fabulous summer fashion pieces at bargain prices, just waiting to be discovered. Even better, you can trade in your own pre-loved items to earn store credit discounts of up to 90%.

Whatever your age or style, and whatever the occasion, you're bound to find something at Swishing. Go online at www.swishing.co.uk, or pop in and visit the staff soon — mention this article at the counter and they'll give you 20% off your first purchase!



Swishing (The Style Exchange) Unit 13 Market Walk 01604 629539 www.swishing.co.uk

LOVE COMICON & ALL THINGS RETRO?

Visit Xchange 4 Cash to reminisce about all the fantastic games from your childhood.

This treasure trove stocks Atari, N64, SNES, Camecube, Mega Drive and many more in its dedicated Retro Room. Alternatively, if antiques or collectables are your thing then there are cabinets stocked with coins, diecast models, trains, silver and jewellery.

Xchange 4 Cash will also buy your no longer wanted retro, collectables and antiques – cash is waiting. The shop is open



OOK OR BAKE?

of family owned and run specialist independent cookshops. For people who love to cook, Abraxas carries a wide range of quality cookware, electricals, knives, textiles, gadgets and extensive selection of food mixers, bakeware, sugarcraft and related utensils. Abraxas also stock a large choice of bottling and preserving equipment for allotment keepers. Opening hours are 9am to 5:30pm Monday to Saturday, and 11am to 4pm on Sundays.

Abraxas Cookshop 40-42 St Giles Street 01604 635408 www.abraxascookshop.com





Shop on the ORNER

Don't miss this unique butchers and delicatessen on the corner of Gold Street and St Peters Walk.

Open seven days a week, Shop on the Corner focuses on quality, taste and diversity of the meat it sells. To reach exceptional standards, the store runs its own personal butchers on site.

Shop on the Corner offers raw meat: steaks, pork, shoulders, ham, ribs, loin, bacon, beef, trotters, sausages, brawn, tenderloin, smoked bacon, giblets and poultry. The shop also offers fresh bread and rolls every Thursday and Friday.

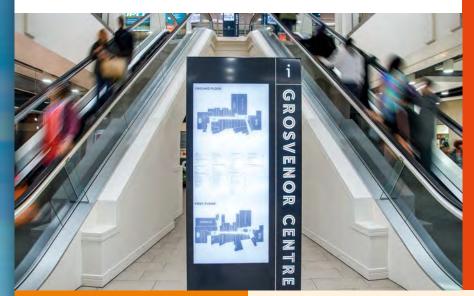
Shop on the Corner Gold Street 01604 632400

UPCOMING FUN AT THE GROSVENOR CENTRE

Head to the Grosvenor Centre in Northampton town centre for fabulous high street names and a host of exciting events coming up...

Saturday 25th July Grosvenor Centre 40th Birthday Celebrations Wednesday 30th September **Student Lock In** November/December Northampton's Christmas Storybook

www.grosvenorshoppingcentre.co.uk





LUXURIOUS LEATHER

Lucci Leatherwear has the largest range of leather clothing and accessories in the Midlands. Call into their store in the Market Walk shopping centre and see for yourself.

Choose from a range of suede, sheepskin and leather goods, including stylish leather clothing and accessories, plus hard-wearing luggage for both men and women.

2 Market Walk 01604 605225 <u>luccileatherwear-northampton.co.uk</u>

Lucci Leather

A SUMMER ON TWO WHEELS?

Whether you're an old hand or new to cycling, Velo Haus on Gold Street Mews has everything you need. Owner Chris started the shop fuelled by a passion for and numerous years in and around the cycle industry. He carefully chose somewhere close to the train station and local cycling routes.

Chris sensed that Northampton needed a cycle shop with an emphasis on first class repairs and servicing, backed up by an excellent customer service.

Opening in March 2014, Velo Haus has steadily built itself a very loyal customer base. Chris is always willing to take on new projects, with the confidence to assist customers to realise the bike of their dreams.

Velo Haus 1 Gold Street Mews 01604 947914

Say it with FLOWERS

Aflora & Luxe Gifts in the Market Walk shopping centre is a florist selling gifts of distinction.

They are part of Interflora, the international brand specialising in floral arrangements for all occasions.

Visit Aflora & Luxe Gifts for a range of designer perfumes from the top brands, low-cost jewellery and their utterly unique Diamond Rose — a naturally preserved rose with a cluster of certified diamonds.

Aflora & Luxe Gifts
18 Market Walk
01604 633528
www.afloraluxegifts.co.uk



QUALITY CRAFTSMANSHIP

With 150 years' experience and a commitment to craftsmanship, Jones Bootmaker uses this knowledge and passion to create beautiful tailored shoes, where quality shows in every stitch.

Jones Bootmaker always endeavours to provide customers with both quality products and service and prides itself on offering the highest level of in-store customer service.



EIGHT YEARS OF GIFTS IN NORTHAMPTON TOWN CENTRE

Singh and Smile has been trading from St Peter's Walk for nearly a decade, always endeavouring to cater for all ages and tastes. Anyone who enters the shop is sure to leave with a smile on their face if not with their hands and bags full without being out of pocket.

The store offers a huge range of gifts, including ornaments, Betty Boop and Guinness themed novelties, Willow Tree ornaments, crystal and hand carved wooden ornaments, souvenirs for Northampton, London and England, incense sticks, gadgets, jewellery boxes and a range of smoking accessories. Singh and Smile also offers hand engraving to make your gifts that little bit more personal.

Singh and Smile 14 St Peter's Walk 01604 239003



Stuck for somewhere to park?

Nationwide Car Parks is the only private commercial car park operator in Northampton town centre. Located on Hazelwood Road off St Giles Street, the Nationwide car park offers the perfect location for shopping, work, trips to the theatre, cinema or museums — everything Northampton town centre has to offer!

The Nationwide car park features dusk until dawn floodlight illumination and 24 hour opening including weekends.

Please note that Hazelwood Road is a one way street.

Nationwide Car Park Hazelwood Road, off St Giles Street

FREE weekday parking for up to two hours in the town centre's multi-storey car parks. Town centre multi-storey car parks are free on Saturdays and Sundays.

A family business

Seasons Greetings is a mother and daughter run shop, committed to making shopping for unique greetings cards easy and fun.

Whatever you have to celebrate this summer — a birthday or a wedding, a graduation or a new job — Seasons Greetings will help you find the perfect card.

Seasons Greetings 20 St Peters Walk 07508 390034

HEALTH AND BEAUTY

We all love to look and feel our best, but perhaps especially during the sunny summer months. Northampton town centre's beauty salons, hairdressers and health businesses will ensure you are pampered and polished this summer.



GET SUMMER READY WITH ZARA HEALTH AND BEAUTY

This gorgeous salon in the Market Walk shopping centre offers a wide range of lovely treatments to help you feel amazing this summer, from waxing to facials.

Book online or give the salon a call – they look forward to welcoming you.

Zara Health and Beauty Market Walk 01604 626333 www.zarathreading.com

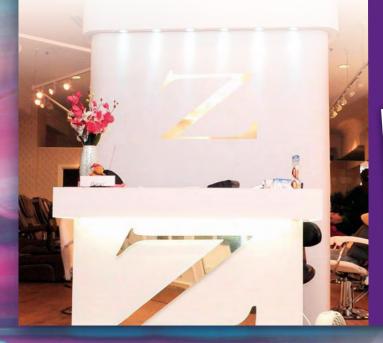
100 YEARS OF EYECARE AT NORTHAMPTON'S EASTGATE QUARTER

Founded 100 years ago by AE Turville OBE, the Abington Street opticians is owned today by just its second proprietor, John Sheinman, who took over the company in 1964 from Albert Turville.

Sheinman Opticians is known internationally as one of the leading practices in specialist eyecare and eyewear, renowned for its clinical research.

The practice has always combined advanced ophthalmic technology with the finest eyewear, bringing to Northampton the latest developments and improvements in sight correction.

Sheinman Opticians 106-110 Abington Street 01604 621621 www.sheinman.com





SPRAY A LITTLE HAPPINESS

Don't leave it until the airport - get set for the summer today with a range of stunning fragrances at affordable prices from The Fragrance Shop. With the warmer days flourishing, summer scents become increasingly popular.

When selecting a summer fragrance you should avoid those that contain heavy notes like sandalwood, vetiver, vanilla and lavender - in the heat, they risk giving you a heavy head. Opt for florals like peony, rose, lily of the valley, orchid, jasmine and bergamot. Look for apple, peach and orange blossom if you like something a little stronger without being too powerful. They burn off quickly.

Why not try...

For her: Estée Lauder – Bronze Goddess

The Bronze Goddess Eau Fraiche perfume collection worships every inch of you with a sensuous, sun-drenched blend of Bergamot, warm Amber, Tiare Flower and Vanilla combined with delicious creamy Coconut. 100ml / £46.50

For him: Jean Paul Gaultier – Le Male Eau Fraiche
A sexy clean and fresh fragrance with Neroli flower and mint





transformed by a sensual base of sage, sandalwood and vanilla.

125ml / £53.50

The Fragrance Shop The Grosvenor Centre 01604 239885 www.thefragranceshop.co.uk

FIT AND HEALTHY FOR SUMMER

Northampton Nutrition Centre is a nutrition supplements and health food store with a resident nutritionist. From improved body composition to increasing athletic performance, Neill at NNC will create a nutrition intervention to get you there.

"Supplements will do you no good," says Neill,
"unless they are tailored to supplement a specific
nutrition plan designed to fit your lifestyle and goals."

Quote promo code "Love Northampton 01" to receive a 20% discount off a 6 week Nutrition Intervention when you visit or call the shop.

Northampton Nutrition Centre 2 Gold St Mews 01604 638362 http://nnc.fitness



Northampton Nutrition Centre



YOUR HOLIDAY M A N I C U R E STARTS HERE

Studio Nails on St Giles Street prides itself on quality of service.

From acrylic nails to spa pedicures, and from gel polish to nail art, Studio Nails covers it all. There are over 300 gel polishes to choose from so you're sure to find a colour you love.

If you're not sure what you're after, their nail technician will be able to provide you with all the suitable options.

So sit back, relax and let Studio Nails turn your nails into works of art



Studio Nails 70 St Giles Street 01604 945 860

www.studionailssalon.co.uk

THINGS TO DO

From fabulous destinations for a date with that special someone, to fantastic events and trips out for the whole family, Northampton town centre is full of fun things to do this summer.



'Liver Bird' brings sounds of the 60s to Aspers

Award-winning singer and 'Liver Bird' Vicky Jones will be performing 60s hits by Cilla Black, Dusty Springfield, Lulu and more as part of 'Cilla and Friends' at Aspers Casino on Saturday, July 9th.

Vicky will be joined on stage by her own troupe of dancers for a dynamic and entertaining tribute to the very best of 60s music. Enjoy classic hits including Downtown, You've Lost that Loving Feeling, Dancing In The Streets, Be My Baby, I Only

Wanna Be With You and many more.

The Big Show live music event includes a 3-course meal at the award-winning Clary's restaurant at Aspers. Tickets cost £35 or £50 for a VIP package and can be bought at Aspers or online.

Aspers Casino Commercial Street 01604 623580 www.aspersnorthampton.co.uk



RUNNING AN EVENT THIS SUMMER?

Northamptonshire Central Library has spaces which can be hired for meetings, presentations and group study.

The Pod has capacity to seat eight people, is semiacoustic for privacy and noise reduction, and also has a large LCD screen. Meanwhile the Carnegie Room has the capacity to seat 80 people, with conference tables, power outlets and disabled access.

Northampton Central Library Abington Street 0300 126 1000



www.northamptonshire.gov.uk

Voluntary Impact: Celebrating Northamptonshire

Join Voluntary Impact Northamptonshire for their annual community concert at The Derngate, Monday 13th June at 7:30pm.

Schoolchildren, stage schools and community performance groups will come together for a high-energy production celebrating local arts, culture and talent. Look out for the likes of Starlight Dance School, Ryan Ashby School of Dance, COPD Choir and Clifford Lightley Academy of Irish Dancing. The intergenerational School of Life choir will take over in the second half

Accompanied by a fabulous house band and the acclaimed musical director Gareth Fuller, this promises to be a musical extravaganza.

Tickets are available from the Royal and Derngate box office and cost £9.50 for adults and £7.50 for children and concessions. Book early to avoid disappointment.

HELP AND GUIDANCE

Northampton's Tourist Information Centre is based in the historical Sessions House next to County Hall in the centre of Northampton. Whether you are looking for information on local attractions, places to eat or stay, please visit and the team will be able to help you.



Northampton Tourist Information Centre George Row 01604 367997 www.visitnorthamptonshire.co.uk

READY TO MOVE?



Making a change this summer? Martin & Co is a local lettings and sales expert with a national reputation.

Martin & Co 8 Bridge Street 01604 239389 www.northampton.martinco.com

FUN FOR ALL THE FAMILY

There is fun in store for all the family at Royal & Derngate this summer, with three children's favourites taking to the stage.

Bringing history to life with hilarity, using actors and 3D special effects, Horrible Histories will thrill audiences with two new shows, Groovy Greeks and Incredible Invaders (recommended for ages 5+), taking to the Derngate stage from Tuesday 7th to Saturday 11th June.

On Wednesday 29th and Thursday 30th June, Peppa Pig and friends are back in a colourful new live stage show, Peppa Pig's Surprise, which promises to be perfect for all pre-schoolers!

David Walliams' popular children's story, Gangsta Granny, comes to the stage from Tuesday 12th to Saturday 16th July, ideal for ages 5+. It's Friday night and Ben knows that means only one thing — staying with Granny and it's going to be sooooooooo boring. But Ben doesn't know that Granny has a secret — and Friday nights are about to get more exciting than he could ever imagine!

Royal & Derngate Guildhall Road 01604 624811 www.royalandderngate.co.uk.



Looking for a new job this summer?

Every month, recruitment consultancy Johnson Underwood holds a Twitter forum for local people in Northamptonshire — why not join them at johnsonunderwood. wordpress.com?

Always at the forefront of recruitment and accredited to the REC, this is one firm that undertakes its work with passion and honesty. Johnson Underwood handles both temporary and permanent recruitment needs throughout the county.

Johnson Underwood 77A St Giles Street 01604 626162 www.weknowpeople.co.uk

20 years of inspiration



Why not take up volunteering this summer?

Inspiration FM is a multi-cultural community radio station run by volunteers, situated in the heart of Northampton town centre.

It puts the unity in community and brings likeminded people and businesses together through music, speech and social media. You could volunteer as a DJ or presenter, in events, sales or anything to help the station's development. Visit the website or premises, anytime.

The station also partners with Northampton College and Northampton University, with students producing and presenting the weekday breakfast show.

Inspiration FM will also be celebrating 20 years of broadcasting on 18th November 2016 and is holding a number of events throughout the year. Look out for involvement in Northampton Carnival, Umbrella Fair, Inspired Youth and Northampton Music Festival.

Inspiration FM 20 Sheep Street 01604 250544 www.inspirationfm.com

STEP BACK IN TIME



There are exciting exhibitions this summer at the Charles Rennie Mackintosh House at 78 Derngate. 7 MAKERS from The Society of Designer Craftsmen (SDC) is exhibiting in The Gallery Upstairs. The renowned Scottish architect Charles Rennie Mackintosh, who remodelled 78 Derngate in 1916/17 was himself a member of the Society.

Photographs from Stephen Miller will be exhibited until July 3rd in THROUGH A LENS. Then, from July 9th there is the work of Mary Hart, a textile artist, in the Gallery. Her exhibition, HAVE NEEDLE WILL TRAVEL will feature bright, colourful fabrics and threads reflecting a quirky interest in textures and patterns.

The Charles Rennie Mackintosh House, restaurant, shop and galleries are open to visitors Tuesday to Sunday until December 18th 2016.

The Charles Rennie Mackintosh House 78 Derngate 01604 603407 www.78derngate.org.uk

Always something to see

NN is a contemporary art space in the heart of Northampton's Cultural Quarter. Visitors can experience an international programme of contemporary art and multi-disciplinary events throughout the year at NN, from exhibitions to music, family activities and practical business workshops for creative start-ups.

NN is also home to the NN Café and top floor Project Space, which hosts different exhibitions each week by artists testing out new ideas. There is always something to see at NN.

NN Contemporary Art 9 Guildhall Road 01604 638944 www.NNContemporaryArt.org



Love Northampton, Love events

Come and see some of the world's best female cyclists as they set off on the final stage of the Aviva Women's Tour from Northampton town centre at 10.45am on Sunday 19th June.



Northampton Museum will be hosting a special cycling exhibition to complement the race that will be well worth a visit for any cycling enthusiast.

Armed Forces Day will be held from 10am to 4pm on Saturday 25th June. There will be a parade of veterans, serving personnel and cadets from 10.30am, taking a route from the top of Abington Street, down to the Market Square and then around the square twice.

Don't forget there is free parking in the town centre every Saturday and Sunday, plus two hours free every weekday. And why not take advantage of these offers by visiting the town's Best High Street 2015, St Giles Street with its superb independent shops and eateries?

Discover more about the town's attractions by visiting www.lovenorthampton.co.uk.

DISCOVER NORTHAMPTON TOWN CENTRE LIVE

Discover Northampton town centre Live is a series of family-friendly street entertainment days, organised and funded by the Northampton Town Centre BID.

Each event takes place in a different part of our town centre and showcases creative talent, with many of the performers based in Northampton itself.

Explore new areas of our town centre and see them as you've never seen them before. Learn how to tap dance or pick up a circus skill or two. Enjoy singing along to musical classics or listening to brand new song-writing. Laugh yourself silly at comedy performers and marvel at fabulous choreography.

The line-up is different at each Discover Northampton town centre Live event so keep an eye on the Northampton BID website and social media channels for updates and don't miss out.





Discover Northampton Live 2016: dates and places

Saturday 11th June: Abington Street (Outside former East Gate pub)

Saturday 2nd July: Northampton Museum and Art Gallery, Derngate and St Giles Street

Saturday 13th August: Abington Street (Outside former East Gate pub)

Saturday 10th September: Gold Street and Gold Street Mews

Saturday 8th October: Grosvenor and Market Walk Shopping Centres

Each Discover Northampton Live event runs from 11am to 3pm.

www.northampton**BID**.co.uk **f** Northampton**BID**





@NorthamptonBID
NorthamptonBID





Saturday 2nd - Monday 4th July

Independent businesses weekend

Discover and celebrate the wide range of independent businesses located throughout Northampton town centre from Boutiques, cafes, restaurants, gift shops, health & beauty, professional service companies located throughout the town centre

Business offers

Tasters

Live Street Saturday 2nd July Entertainment 11am - 3pm

> Locations throughout Northampton's Cultural Quarter







@northamptonBID

www.northamptonbid.co.uk www.facebook.com/NorthamptonBID

01604 837766

Northampton





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NorthamptonBID **NorthamptonBID**

01604 837766 info@northamptonbid.co.uk

This is a Northampton town centre BID event curated in partnership with Amplitude Media. Northampton TOWN CENTRE BID

For the businesses by the businesses

THE NORTHAMPTON MUSIC FESTIVAL IS BACK



Now entering its ninth year and attracting thousands to the town, the Northampton Music Festival is a free event designed to raise the profile of the town through music, to showcase local talent, and to bring the people of the town together for a good old knees up.

This year's festival takes place from Friday 17th to Sunday 19th June. Pop-up events and gigs will take place in venues and on town centre streets throughout the weekend, with the main festival town centre takeover kicking off at midday on the Sunday. All events are free to attend.

The Northampton Music Festival is ran by Northampton Music 365, a not-for-profit community interest group, in partnership with the Northampton Town Centre BID and Northampton Borough Council.

Stages and locations

Northampton Music Festival will see stages popping up across the town centre, presenting every kind of music imaginable. With six outdoor stages and over 12 venues set to entertain over the weekend it is sure to be the biggest and best Northampton Music Festival to date.

Main stage locations will include:

The Market Square

The Eastgate Stage (Presented in association with Maule) Guildhall Classical Stage

Abington Street

All Saints

NN Gallery Jazz Stage

The Eastgate stage is a new area for 2016, and will be presenting the very best in emerging and alternative talent. The stage is being presented in association with Maule Brewery, who will be running a bar area. The jazz stage, which was a huge success in 2015, has moved to the NN gallery courtyard, with classical taking up residence in the beautiful Guildhall Courtyard.

In addition to the outdoor stages, there will be a host of partner venues events, including areas covering hip hop, folk, rock, metal and more. And the Saturday pop-up stages will take place on St Peter's Way and Abington Street, with many more surprises still to be announced.

All of the acts presented across the festival weekend are from or based in Northamptonshire, making the event an unparalleled celebration of local grass roots talent. With over 35,000 visitors expected, NMF is one of the largest urban festivals in the country and is leading the way when it comes to bringing culture and the town together.

More than music

This year the festival is expanding on the already broad offering across the town centre, by including a variety of pop-up kitchens, which will feature taster menus provided by local restaurants and cafés, as well as the addition of an extensive arts market, showcasing the region's artists alongside our amazing musicians.

Festival partners

Once again the Northampton Music Festival has partnered with the Northampton Town Centre BID and Northampton Borough Council as the main partners in delivering this event.

Jessica D'Aulerio, Chair of Northampton
Town Centre BID said: "This event is such
a wonderful boost for the town centre,
bringing an exciting array of music and
culture to our streets and thousands of
additional visitors into the town centre.
We are proud to be sponsoring
Northampton Music Festival 2016."

In addition the project is kindly supported by the Northampton Community Foundation, The County Council, The Wilson Foundation and the production partner is Your Vision Events.

NMF16

NORTHAMPTON MUSIC FESTIVAL

SOACTS
OFROMROCK TO CLASSICAL
17th-19th JUNE
NORTHAMPTON
TOWN CENTRE

NORTHAMPTONMUSICFESTIVAL.CO.UK

BRINGING NORTHAMPTON TOWN CENTRE ALIVE WITH MUSIC!















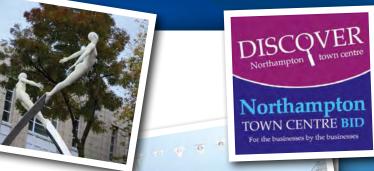






Northampton TOWN CENTRE BID

For the businesses by the businesses



Following a successful renewal, the new Northampton town centre Business Improvement District (BID) started on 1st January 2016 and this will be an exciting time for businesses to work together to help shape and influence the future of our great town.

The Vision

'To develop the town centre into a quality destination with a clear identity, which provides opportunities for good quality retail niches, specialists and independents, which respects and nurtures its professional services, celebrates its attractive, diverse leisure and cultural offer, builds upon the town centre's heritage and looks to the future.'

Strategic Objectives

The programme of investment will be delivered through the following three strategic objectives:

Objective 1: Promotion of Northampton town centre and its businesses:

To develop, build awareness and promote, locally and regionally, the identity of Northampton town centre and the strengths of its different business sectors: retail and health and beauty, culture and leisure and professional services.

Objective 2: Develop the Northampton town centre experience:

To create a sense of 'place' for visitors and people working in the town centre to enjoy.

Objective 3: Business Growth and Investment in Northampton town centre:

To encourage growth, development and investment of businesses which complement and build on the strengths of Northampton town centre.

Over the next five years, Northampton town centre BID will undertake a wide range of projects to help enhance the town centre's environment, encourage more visitors in the town centre and support businesses in their day to day activities.



Your BID For the Businesses by the Businesses

Northampton Town Centre BID, 2nd Floor Town Centre House, 7-8 Mercers Row, Northampton NN1 2QL 01604 837766

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