**Help us**

save lives…

 **Do you want to:**

* Be part of something that helps save lives?
* Meet new people?
* Help save the planet by encouraging pre-loved?
* Gain flexible work experience for your CV?



**Volunteer at the**

**Northampton**

**British Heart Foundation store**

Be part of a friendly team where you can:

* Get out of the house and try something new
* Socialise with other volunteers & local customers
* Choose your own shifts - 3 hours is a huge help!

Contact the Helen at robinsonhel@bhf.org.uk or call 07789 651681 for an

[**www.bhf.org.uk**](http://www.bhf.org.kukk)

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informal chat and more information - join our BHF family!